



INTRODUCTION AND PARTY INVITATIONS

Little girls love to glam themselves up with their best friends. Manicures, pedicures, jewelry making, and all things that say glam are favorite activities at just such a party. Always in fashion, always in vogue, a glamour girl party will be loads of fun for everyone.

Use glitter markers to write party details on small tags. Use silver thread and tie the tags to bejeweled sunglasses. If you don't want to purchase actual sunglasses, decorate cardboard sunglasses with glitter paint. Ask your guests to wear their shades to the party.

Cut out shapes of nail polish bottles and lipsticks and decorate the front cover with little rhinestones. Inside the invitation, invite your guests to a *SPArty!* And include the rest of the details.

Create **Compact Mirror Invitations**. Using small make up mirrors, write your party invitation details on the mirror with an eye liner pencil, telling the girls that they are invited to a glamour party. Take a piece of clear contact paper, cut it to the size of the mirror, and place it carefully over the mirror to prevent the liner from smudging. Slip it inside of an envelope and mail or hand-deliver to your guests.

DECORATIONS

Use the birthday glamour girl's favorite colors to decorate your party area with balloons, streamers, and confetti.

Roll out a red carpet for the kids to walk up to the front entrance of the party. Use either red fabric or a red plastic tablecloth for your red carpet.

Set up your party area with various glamour stations for the kids to enjoy different activities during the party. Some examples of stations include:

- Bead Station
- Spa Station
- Hair Styling Station
- Dress Up Station



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Photo Booth
Lounge for a Soiree

During the party, let the kids spend time in each area making themselves look glamorous and creating glamorous jewelry.

GAMES AND ACTIVITIES

Have the party guests arrive walking up to the front door with a red carpet rolled out for them. Upon arrival, have the kids show you their compact mirrors or sunglasses invitations, if you chose to send those out to your guests.

While everyone waits for the guests to arrive, have the kids create **Flower Garlands**. Use fabric glue to layer flower and dragonfly shapes as desired and let them dry. Using a glue gun, attach shapes to a length of yarn and hang. The kids can take these home as party favors.

Once everyone has arrived, have him/her move through the various stations you have set up. It may be practical to have some adult helpers in each area to supervise the stations. Be sure to divide the kids into different groups so that the entire group doesn't end up in the same room, unless the group is small enough to move together.

In the **Bead Station**, have buttons, beads, sequins, plain hair clips, and inexpensive headbands in the room that the kids can use to glam up. Have the girls glue items onto their clips or headbands and let them dry while the kids are moving through the various areas.

In the **Spa Station**, set up manicure and pedicure spots. For the manicures, have the kids wash their hands, apply a scrub, and follow with a lotion. Top off with a fresh coat of polish. For the pedicures, wash, scrub, and use lotion on the feet and top off with polish.

Spa Ideas:

- Place a fragrance diffuser, bowls of floating candles, and flowers to decorate your spa room
- Have teen magazines lying around for the girls to enjoy during their treatments
- Play relaxing music throughout the spa
- Drape white sheets over the chairs and tables
- Have fresh towels on hand for the different treatments, both washcloths and hand towels
- Have hand mirrors available to be used by the spa patrons

Hair Styling Station. Place brushes, curlers, mousse, and hair accessories in the room with mirrors for the kids to do their hair up. Other items the kids may like are hair



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streaks and color for added glam. After they finish in this station, give the kids time to adorn their hair with their new accessories that they made at the Bead Station.

In the **Dressing Room** provide boas, fancy dresses, heels, stockings, hats, gloves, and any other item you think is fancy and can be found at a thrift store. The kids can take time dressing up. Make sure to have enough for all of your guests.

Photo Booth. After your guests are completely glammed up, ask them to step into a narrow area that has been closed off with a drape or shower curtain for a glam photo shoot. You can have fun with this by inviting as many kids as possible to squeeze into the booth for the pictures.

If you are looking for more traditional party activities, try the following:

Make **Edible Jewels** out of lifesavers and other candies with holes in the center that are strung with red licorice.

Create a **Glamour Girl Birthday Banner**. Take a large piece of butcher paper and write *Happy Birthday (your child's name)!* at the top. Have the birthday girl lie down on the paper and have the guests trace her body. Lay the paper on the floor and provide crayons, markers, stencils, stickers, glue, glitter, ribbons, colored tissue, scraps of fabric, feathers, and buttons for the guests to design a glamour outfit for the birthday girl. The party guests can also write messages and sign their names on the banner. A great party keepsake!

Play **Memory-abilia**. Collect 20 small, theme-related items (ring, barrette, bracelet, watch, temporary tattoo, nail polish, etc.) and set them on a tray in front of everyone for 30-40 seconds while players try to memorize as many items as possible. When time is up, pass out paper and pencils. Give the girls a couple of minutes to write down as many items as they can remember. Whoever lists the most correctly, wins.

Make **Body Glitter**. You will need water, aloe vera, small bottles, and glitter.

Decorate Flip Flops. Provide rhinestones, beads, and sequins on a table and a glue gun and decorate the plastic part of colorful flip-flops.

PARTY MENU

Tip: When serving your party meal, do so in a lounge area where the kids can mix and mingle with one another over Shirley Temples, sparkling cider, and fancy finger foods.

Serve sparkling wild berry juice to drink out of plastic champagne glasses
Fresh fruit, strawberries, raspberries, blueberries, cantaloupe, watermelon served on skewers or in small cups



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Fresh cheese and crackers or a variety of other dips
Yogurt parfaits topped with granola and honey
Vegetable tray served with ranch dip, etc.
Dry nuts and fruits
Mini fruit tarts
Frozen yogurt

PARTY FAVORS

Send the kids home with a little bit of glam fun:

Personalized washcloth with a bottle of bubbles tied off with a bow
Feather boas
Costume jewelry
Small satchel of spa goodies: lotion, bubbles, lip gloss, headband, etc.
Small nail kit: polish, cuticle stick, and nail brush

Make sure to send the sparkling fun photo booth pictures to your party guests with your thank you note for a glamorous reminder of all of the fun.



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